

## QA 2.1 Children's health policy

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### 1. Policy Statement

1.1. Happy Haven OSHC (HHO) recognises that the safety and wellbeing of children is paramount and will support and promote each child's health, wellbeing and physical activity to enable their active participation in the education and care environment.

1.2. HHO recognises that positive health and wellbeing practices contribute to children's learning, development, participation and quality of life.

1.3. HHO will promote children's health and wellbeing by:

1.3.1. supporting each child's wellbeing, comfort, sleep and rest requirements, taking into consideration their age, developmental stage and individual needs;

1.3.2. supporting effective illness, injury management and hygiene practices;

1.3.3. encouraging and promoting healthy eating, physical activity and positive lifestyle choices;

1.3.4. supporting educational experiences that promote children's understanding of health, wellbeing and healthy lifestyles; and

1.3.5. fostering environments that encourage children to develop increasing responsibility for their own health and wellbeing.

### 2. This policy will be:

2.1. delivered in a manner that is consistent with HHO's Vision, Mission and Values; and

2.2. reviewed regularly, following any relevant incident, complaint, audit finding or regulatory change, and as part of HHO's commitment to continuous improvement.

### 3. Review and modification register

Date reviewed	Modifications	Reviewed by	Next review date	Approved by
04 June 2026	New 2026 policy structure	Nicholas Smith, Mathew Peterson, Frances Boatwright	25 January 2028	Nicholas Smith, Mathew Peterson, Frances Boatwright